



Bowen Island Football Club

Adult Skills Clinic

Player Development Skills Clinic (25 and over)

The club will offer an ongoing player development skills clinic for adults over 25. The purpose of the clinics will be:

- Provide a lightly structured and ongoing learning environment for developing players to work on skills and understanding the game.
- Provide a place where players can take questions and challenges learned and encountered in league play and work on them in a more supported environment.
- Provide low-impact small-sided scrimmages aimed at offering opportunities for players to apply what they have learned to actual game situations.

The clinics will be run by Morgan Quarry and will be open to all participants in the Adult Recreational League and 5 A-Side League as well as other club members who would prefer to participate in adult soccer only through this structure. The intention is to create a less steep on-ramp for players beginning in the sport so that they can feel confident playing on an ARDL team.