



# Bowen Island Football Club

## Rules, Discipline and Problem Solving - 2021

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### **RULES, DISCIPLINE & PROBLEM SOLVING**

BIFC plays by international FIFA rules with the following exceptions:

Unlimited substitutions are allowed.

Duration of the game, size of ball and size of the field are varied to accommodate the age of the players.

There is no offside for the Mini-House and U9 and U10. The offside line is introduced at U11.

### **WHO IS ELIGIBLE TO PLAY?**

Only registered players (who are fully paid for) are placed on teams.

Only registered players may play in scheduled games or practices.

It is the responsibility of the coaches/managers to ensure that their players are properly registered (the players on their official team list are the ones that are eligible to play and practice.

Unregistered players and anyone serving a suspension may not play.

### **DISCIPLINE**

The Club will invoke a one-card system in regard to players who are not acting appropriately or are showing disrespect to either their coaches/managers or teammates. A player will be issued a yellow card as a caution for bad behavior and warned that if it continues he/she will be asked to sit out the rest of training. If the player persists in this regard they will be forced to sit out the remainder of the training session and/or game

### **PROBLEM SOLVING PROCEDURE**

Please keep in mind that this is a volunteer organization and everyone is working toward a positive soccer experience for all players and members. The Club recommends that you take the following steps to resolve any conflict or difficult issue that may occur during the soccer season. Please act maturely and respectfully, and try to see both sides. Try to address the issue at the team level with the coaches and manager.

Failing a resolution, contact the Club Coordinator ([info@bowenfc.com](mailto:info@bowenfc.com)) or the Club GM/TD ([gm@bowenfc.com](mailto:gm@bowenfc.com)). The Club Coordinator and/or GM/TD will review the issue and the previous attempts to resolve it, and will then provide advice on how to proceed. The Club Coordinator and/or GM/TD may recommend a resolution or intervene, as appropriate.

Having followed this procedure without satisfaction, you may ask the BIFC Board to address your concerns at its next scheduled meeting by providing a letter that outlines your concerns and the steps taken toward finding a resolution to the problem. They will advise you of their final decision.

## **Guidelines for coaches and managers when assigning byes for individual players**

BIFC Youth Teams (league) strives to maintain fairness and inclusiveness to all of its players. Our goal is to foster a lifelong love of the game. At times, we have teams with larger rosters. Too many subs can be difficult for coaches to manage, and in the past coaches have given individual players bye's (a day off) to ensure their players get equal playing time. This makes it easier for the coach to coach. During our winter months, too many subs can result in children getting cold. Fewer subs means more playing time which means warmer children!

In order to ensure this is done in a fair and consistent manner, BIFC has set out the following guidelines:

Managers/coaches will enter each player into a standard rotation when the league game schedule comes out at the beginning of every season (fall/winter/spring). The manager will enter the subs into the individual game on Teamsnap. This gives plenty of notice to parents to manage their weekends.

If coaches and managers have children on the team, their children will be included in the same standard rotation as with all other players. This is to promote inclusiveness and fairness amongst our league teams. Same applies to standout players. They will not be given additional game time. If a coach/manager requires their child's scheduled bye be for a home game, this is acceptable. Individual byes will not be determined based on practice attendance.

If a player cannot make a specific game, but they are available for their scheduled bye, the parents can organize the swap with another player. It is the parent's responsibility to do so and they must inform the manager immediately.

Ultimately, it is the coach's decision as to how many subs they would like at each game. Some prefer fewer players and some prefer the entire team on the sidelines. BIFC recommends the following options, but again this is the coach's discretion:

### **7 v 7**

A maximum of 4 subs (11 players) is sufficient. This gives leeway in case one player doesn't attend at the last minute or if there are injuries during a game.

### **8 v 8**

A maximum of 4 subs (12 players) is sufficient. This gives leeway in case one player doesn't attend at the last minute or if there are injuries during a game.

Questions? Please contact us: [info@bowenfc.com](mailto:info@bowenfc.com) or [GM@bowenfc.com](mailto:GM@bowenfc.com)

