



# Bowen Island Football Club

## Return to Play Phase 2 Protocols – Coaches and Managers



### **Player and Coach Arrivals and Departures**

It is recommended players and coaches arriving (entering through middle gate once Health Check has been confirmed by manager only) do so individually whenever possible. Players will be asked to exit (through end gate only) immediately following their session so as to not have crossover. Should a parent or guardian stay at the field they are required to social distance.



### **Hand Sanitizers at Fields**

Hand sanitizer dispensers will be stored in each bin and should be made available to players and coaches entering the field. All players should be told to use the sanitizer as they enter and exit the field.



### **Distance Water Breaks and Areas**

BIFC will ensure players stay 6-feet apart during water breaks and will go to assigned areas to leave their bags and water bottles. Parents are asked to provide their child with water bottles and enough water to last the whole session. Bottles should be clearly designated (names).



### **Sick (or those who appear sick) Players Will Be Sent Home**

Any player who arrives at training showing any signs of sickness will be immediately sent home and not permitted to enter the field.



### **Equipment (sanitization)**

All equipment including balls and cones to be disinfected prior to and following training sessions. Bibs are not to be shared and washed immediately following each session along with GK gloves that are used. Coaches will be given and maintain bibs. Players should be reminded to avoid touching equipment.



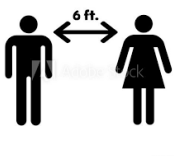
### **No Throw-ins**

No throw-ins will be allowed. Kick-ins will be used in training and games. Players will be reminded to not touch the balls or equipment.



### **Minimal Contact Allowed**

There will be limited contact allowed, ie players being able to come together and have involuntary contact (i.e. challenging for the ball, etc.). Coaches will encourage players to stay distanced from other players as much as possible and drills will be designed to avoid continued or numerous contact.



### **Social Distancing**

As much as possible try to stay 6 feet away from all players (especially when providing instructions). Avoid placing bibs on players, instead let them (or parents if available) do it. Ensure players social distance during periods when you are passing on instructions.



### **No Spitting**

No spitting or nose clearing is permitted.



### **Attendance / Health Check on Teamsnap**

Attendance lists must be maintained for all sessions and games and parents are required to complete a player's availability and Health Check prior to arriving at the session on Teamsnap.

