



BIFC Phase 2 Training and Game Plan - Coaches

Player and Coach Arrivals

It is recommended for players and coaches arriving (and departing) training sessions to do so individually whenever possible. Players who have finished a practice will be asked to leave immediately following their session so as to not have crossover. Training sessions will have a minimum of a 15-minute gap to avoid having too many players at the field at the same time. Should a parent or guardian stay at the field they are required to social distance.



Hand Sanitizers at Field Entrance

Hand sanitizer dispensers will be available at the entrance to the turf and (when applicable) grass field. All players will be told to use the sanitizer as they enter and exit the field.



Distance Water Breaks and Areas

BIFC will ensure players stay 6-feet apart during water breaks and will go to assigned areas to leave their bags and water bottles. Parents are asked to provide their child with water bottles and enough water to last the whole session. Bottles should be clearly designated (names).



Sick (or those who appear sick) Players Will Be Sent Home

Any player who arrives at training showing any signs of sickness will be immediately sent home and not permitted to enter the field.



Equipment (sanitization)

All equipment including balls, cones and goals to be disinfected prior to and following training sessions. Bibs are not to be shared and washed immediately following each session. Coaches will be given and maintain bibs. Players will be reminded to avoid touching equipment.



No Throw-ins

No throw-ins will be allowed. Kick ins will be used in training and games. Players will be reminded to not touch the balls or equipment.



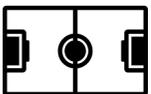
Minimal Contact Allowed

There will be limited contact allowed, ie players being able to come together and have involuntary contact (i.e. challenging for the ball, etc.). Coaches will encourage players to stay distanced from other players as much as possible and drills will be designed to avoid continued or numerous contact.



Designated Training Grids

As much as possible, we will use drills which include social distancing of small groups. Ball mastery, dribbling, passing, juggling etc. As much as possible small training areas will be defined for each player in drills.



No Spitting

No spitting or nose clearing is permitted.



Attendance

Attendance lists must be maintained for all sessions and games and parents are required to complete a player's availability and Health Check prior to arriving at the session on Teamsnap.

